

## Pooneh A. Momeni



### Overview

Shareholder [Houston](#)  
700 Milam Street, Suite 800  
Houston, Texas 77002-2806  
O: 713.222.1470 D: 713.222.1484  
[pmomeni@munsch.com](mailto:pmomeni@munsch.com)

### Education

J.D. from University of Houston Law Center

- *Houston Journal of International Law* (Casenotes and Comments Editor)
- Moot Court

B.J. from The University of Texas at Austin with honors

### Bar Admissions

Texas  
United States District Courts for the Eastern, Northern, Southern and Western Districts of Texas

### Related Practices

Labor & Employment  
Covenants Not to Compete  
Employment Litigation  
FLSA  
Litigation  
Employment Litigation  
Energy Litigation  
Health Care Litigation  
Insurance Litigation  
Trade Secrets

Pooneh focuses her practice on complex commercial litigation and labor and employment. Her diverse civil litigation experience includes representing clients in an array of commercial disputes, including actions for shareholder disputes, breach of contract, bad faith, breach of fiduciary duties and fraud in state and federal courts across the country. She also has extensive experience representing clients in matters involving employee agreements, restrictive covenants, non-compete agreements, discrimination, harassment and wage and hour disputes. Her clients range from individuals and small businesses to national and international companies across multiple industries, including real estate, health care, energy and insurance.

Pooneh enjoys learning the intricacies of her clients' businesses and providing practical legal advice and strategies. Whether responding to an individual complaint or demand, interacting with regulatory authorities or litigating, Pooneh crafts strategies that align with her clients' goals and delivers favorable results.

Prior to joining Munsch Hardt, Pooneh worked as an associate at a national law firm in its Houston office. Outside the office Pooneh enjoys spending time with her husband and dog, traveling, attending Broadway shows and skiing.

## Related Industries

Energy  
Health Care  
Insurance

## Achievements

*Houstonia Magazine* – Top Lawyer, Labor and Employment (2018-2019, 2022-2023)

*Thomson Reuters* – Texas Rising Stars (2024)

*Woodward/White, Inc.* – Best Lawyers: Ones to Watch, Commercial Litigation (2022-2024); Best Lawyers: Ones to Watch, Litigation – Labor and Employment (2022-2024)

## Memberships

Federal Bar Association  
Houston Bar Association  
State Bar of Texas  
Texas Association of Defense Counsel  
Texas Bar Foundation (Fellow)

## Clerkships

The Honorable Stephen Wm. Smith, United States District Court for the Southern District of Texas, Houston Division (Judicial Intern)

The United States Attorney's Office for the United States District Court for the Northern District of Texas (Law Clerk)

## Languages

Fluent in Farsi

## Experience

### Employment Litigation

Represents national and local companies in complex commercial and employment litigation matters, including breach of contract, wage and hour, employment discrimination, restrictive covenants, deceptive practices, fraud and breach of fiduciary duty.

## FLSA Litigation

Represented employers in collective-action FLSA litigation against employers for unpaid overtime wages. Successfully obtained dismissals, class decertification and nominal value settlements.

## Employment Investigations

Assisted clients in internal investigations related to workplace violence and harassment. Represented employers in Department of Labor investigations related to alleged wage and hour violations.

## Employment Counsel

Provides advice and counsel to clients regarding statutory compliance including FLSA and FFCRA compliance.

## Energy Litigation

Defended a retail energy provider against breach of contract, deceptive practices and bad faith claims in multiple class action lawsuits related to variable-rate pricing throughout the United States. Drafted evidentiary and dispositive motions, managed voluminous discovery and aided in class certification briefing.

## Insurance Litigation

Defended major insurers in high-exposure insurance coverage, bad faith and contract litigation throughout state and federal courts. Took and defended depositions, managed discovery, drafted and argued motions, obtained dismissal and negotiated favorable settlements.

## Newsroom

**Press Release:** 2024 Texas Super Lawyers® Rising Stars Highlights 16 Munsch Hardt Attorneys

**Press Release:** Fifty-One (51) Munsch Hardt Attorneys Featured in Best Lawyers 'Ones to Watch' 2024 Edition

**Press Release:** Munsch Hardt Announces 2023 Promotions to Equity Shareholder and Shareholder

**Press Release:** Houston Attorney Pooneh Momeni Honored by Texas Bar Foundation

**Press Release:** Munsch Hardt Attorneys Honored as 2023 'Best Lawyers in America®,' 'Ones to Watch', and 'Lawyer of the Year'

**Press Release:** Munsch Hardt Attorneys Honored as 2022 'Best Lawyers in America', 'Ones to Watch' and 'Lawyer of the Year'

**Article:** Sexual & Gender Discrimination in the Oilfield